

# Social Justice and Health Equity Dealing with Apparent Opposites

**Michael Marmot** 

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http://www.instituteofhealthequity.org/about-our-work/latest-updates-from-the-institute/build-back-fairer

A PROSPECTIVE REFLEXION DAY

"The approach based on social determinants of health and health equity: Towards a new development paradigm"

January 2023



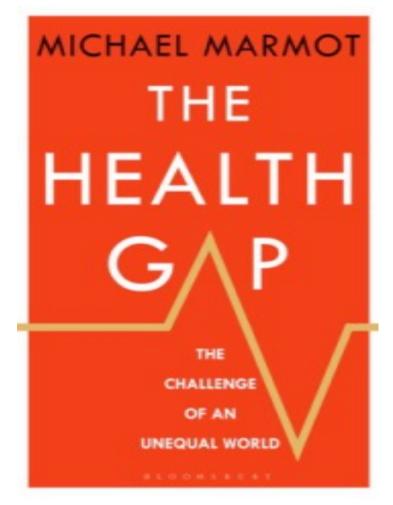
**Regional Office for the Eastern Mediterranean** 



# "Social injustice is killing people on a grand scale"

WHO (2008) Closing the gap in a generation

Why treat people and send them back to the conditions that made them sick?





**Regional Office for the Eastern Mediterranean** 



## **BUILD BACK FAIRER**

#### ACHIEVING HEALTH EQUITY IN THE EASTERN MEDITERRANEAN REGION

Sir Michael Marmot

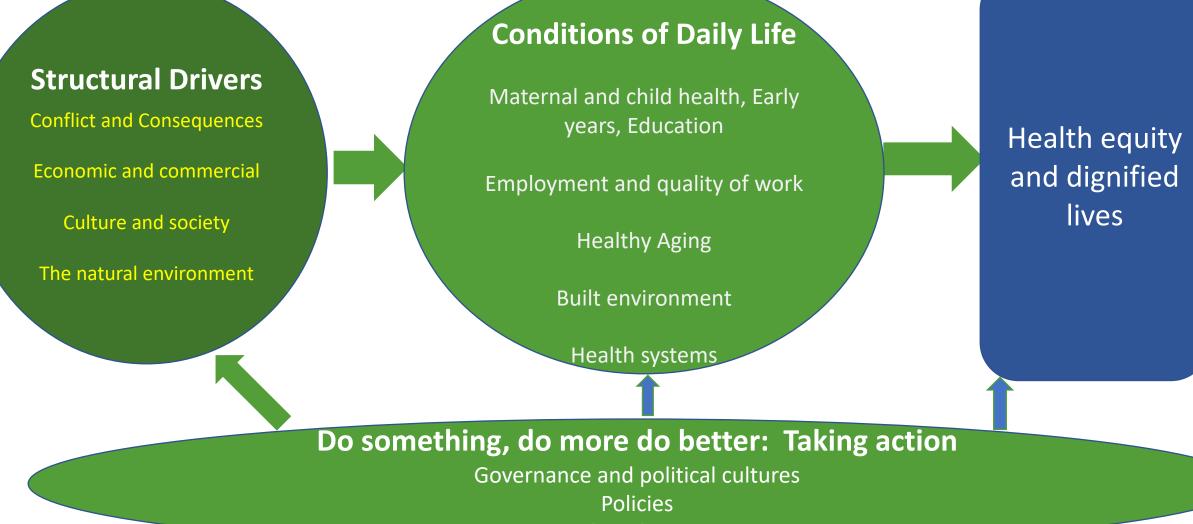
Chair

Report on the Commission on the Social Determinants of Health in the Eastern Mediterranean Region

March 2021

## Framework for the social determinants of health

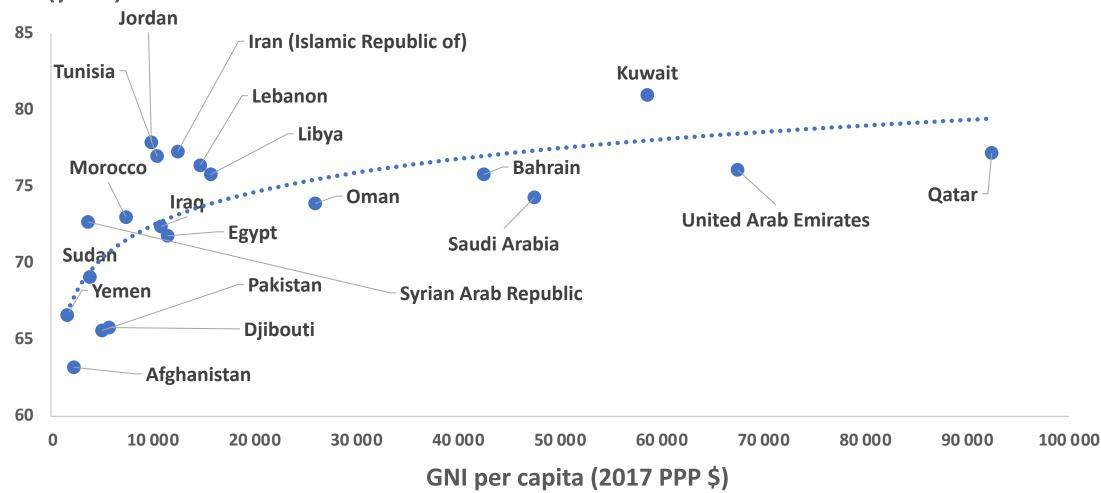
#### Stratifiers: Position of migrants, refugees and gender



Research and monitoring

## Life expectancy by Gross National Income (2019)





Note: No GNI per capita data available for Somalia and occupied Palestinian territory Source: UNDP Human Development Report (2020) and WHO Global Health Observatory Data Repository (2020)





*Fair Society, Healthy Lives*: 6 Policy Objectives

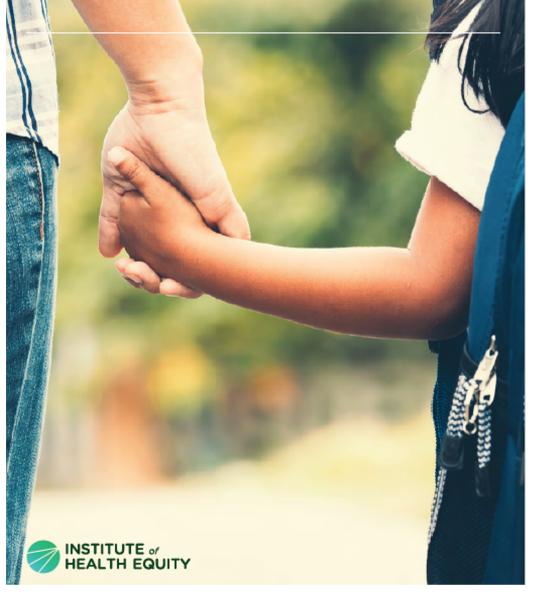
- A. Give every child the best start in life
- B. Enable all children, young people and adults to maximise their capabilities and have control over their lives
- C. Create fair employment and good work for all
- D. Ensure healthy standard of living for all
- E. Create and develop healthy and sustainable places and communities



then the role and impact of ill health prevention

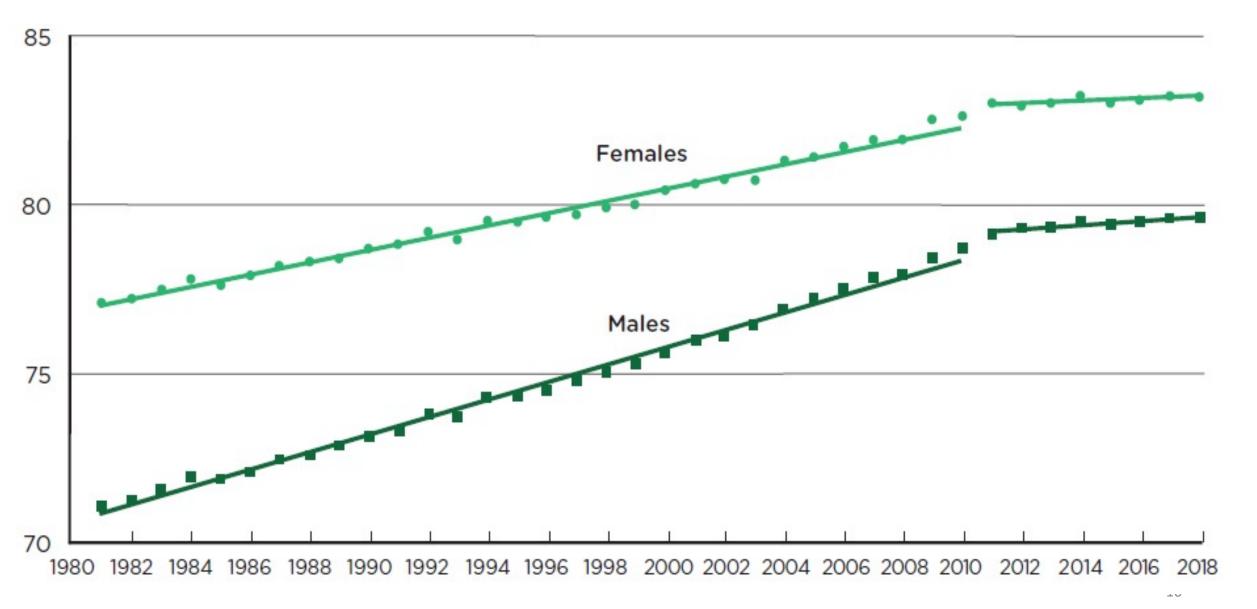


HEALTH EQUITY IN ENGLAND: THE MARMOT REVIEW 10 YEARS ON



# HEALTH EQUITY IN ENGLAND: THE MARMOT REVIEW 10 YEARS ON

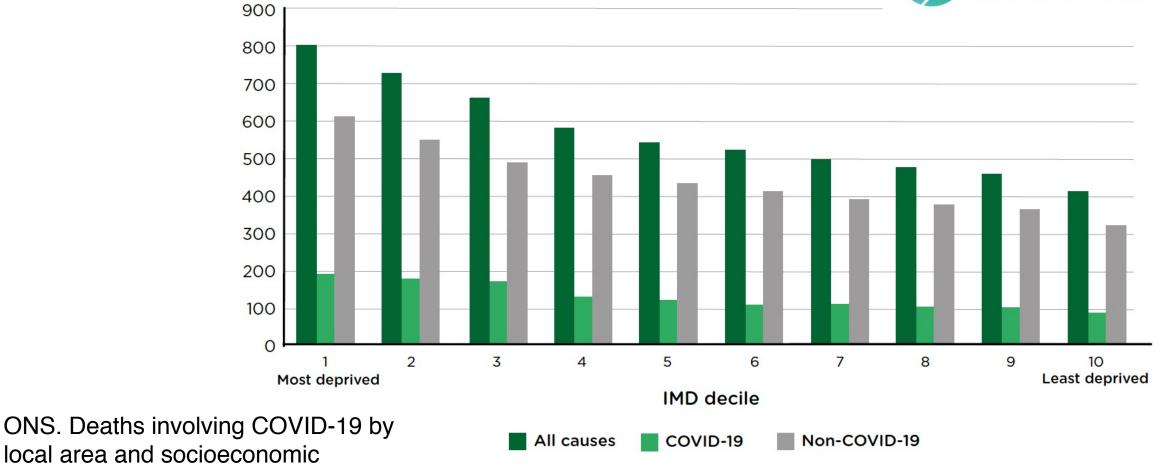
## Increases in life expectancy at birth stalling in England







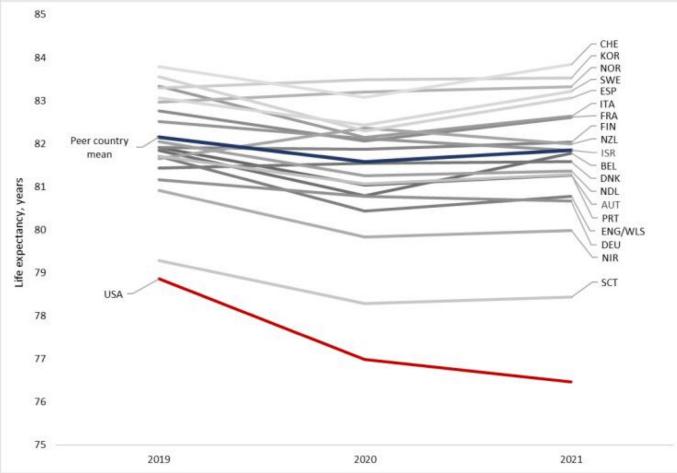
# Male age-standardised mortality rates from all causes, COVID-19 and other causes (per 100,000), by deprivation deciles in England



deprivation, 2020

12

# Change in LE, 2019-21, US and 19 peer countries



Masters, Aron and Woolf medRxiv preprint April 29, 2022

## **Apparent Opposites**



### Social or Medical



#### **Nurses for Health Equity:**

Guidelines for Tackling the Social Determinants of Health Nurses for Health Equity: Guidelines for Tackling the Social Determinants of Health

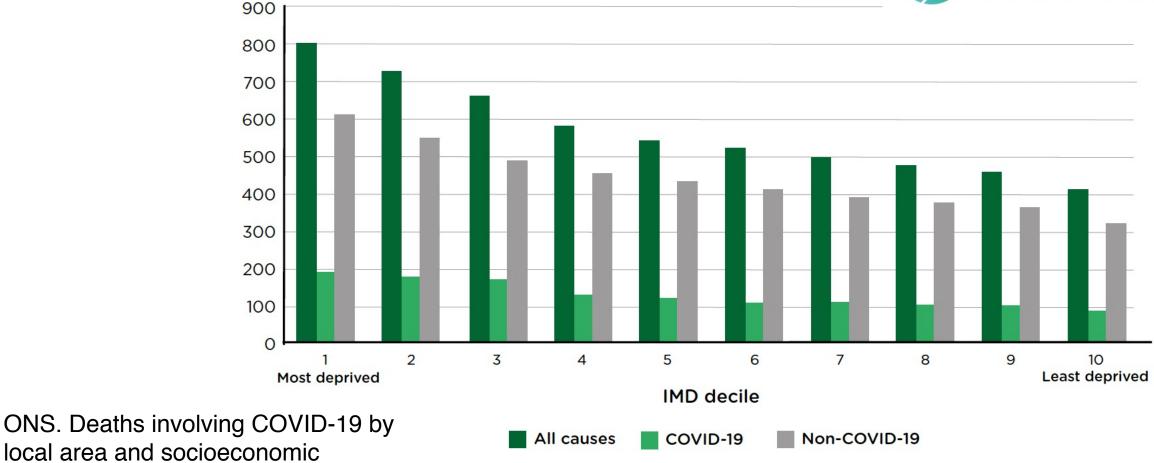
William E. Rosa Catherine J. Hannaway Charlotte McArdle Mary Frances McManus Sanaa T. Alharahsheh Michael Marmot

Anter Foundation

### Disease control or social determinants



# Male age-standardised mortality rates from all causes, COVID-19 and other causes (per 100,000), by deprivation deciles in England



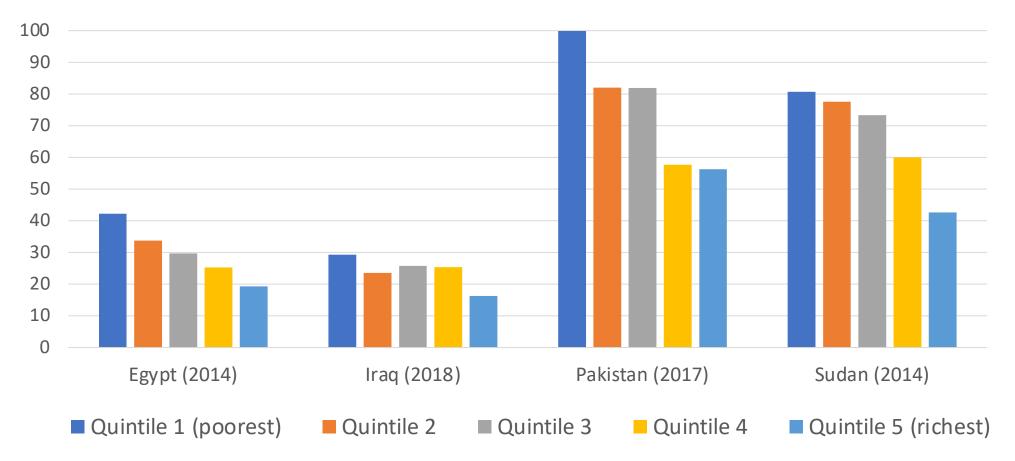
local area and socioeconomic deprivation, 2020

## Social Determinants or Individual Responsibility



#### Under-5 mortality rate in selected countries, by wealth quintile

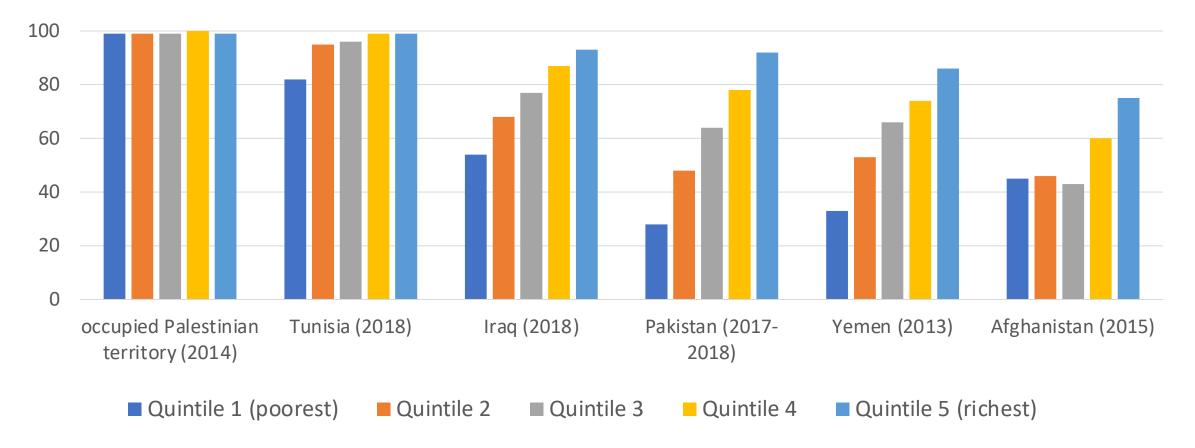
Mortality rate (deaths per 1,000 live births)



#### **Do Something**

#### Primary school completion rate by wealth quintile in selected countries

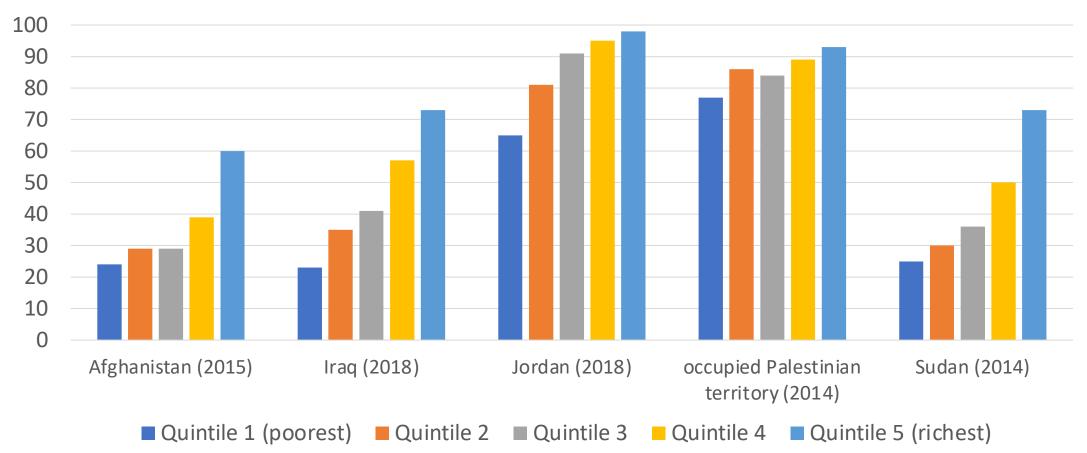
Percentage (%)



#### **Do More**

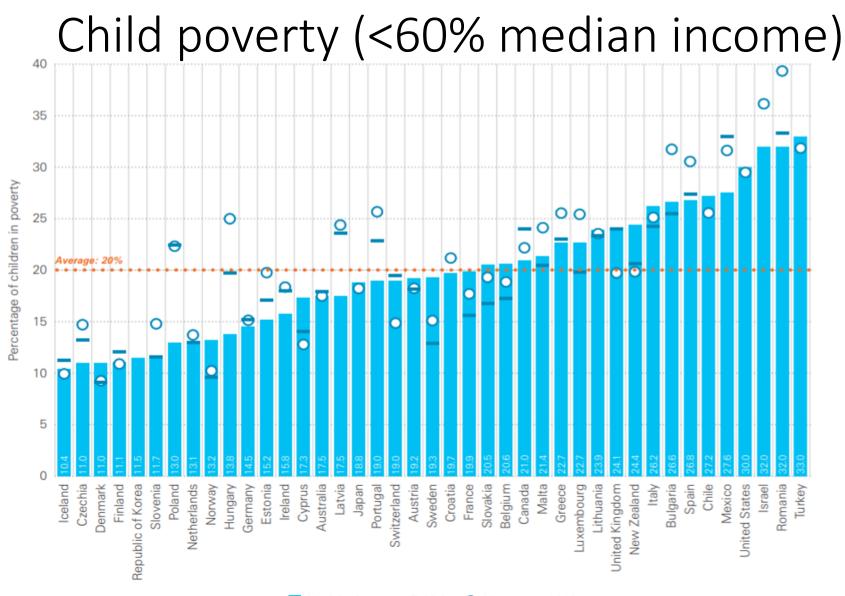
#### Lower secondary school completion rates by wealth quintile

Percentage (%)



Source: UNICEF Child Education Database

#### Do better



UNICEF Report Card 16

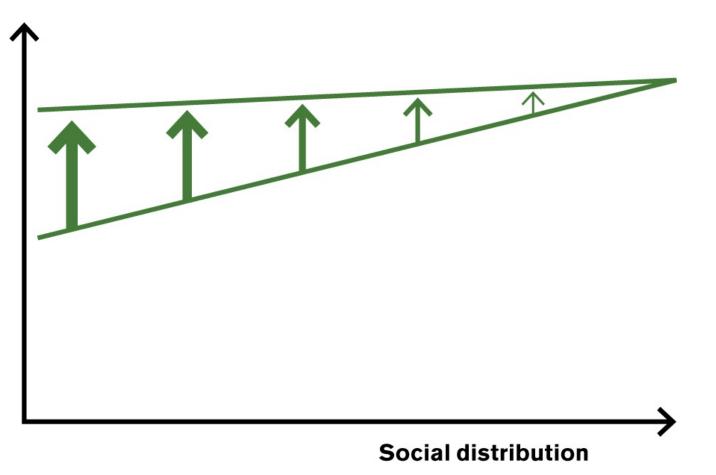
## **Targeted or Universal**



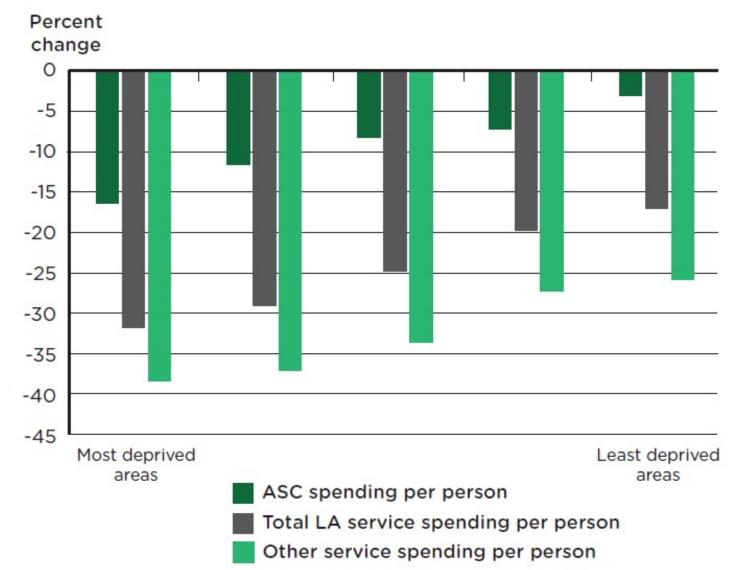
# Proportionate Universalism

# Levelling-up the social gradient in health

Health outcome



# Council spending per person decreased the most in more deprived areas



### Central or local



# Children living in poverty before and after housing costs in England

Percent of children

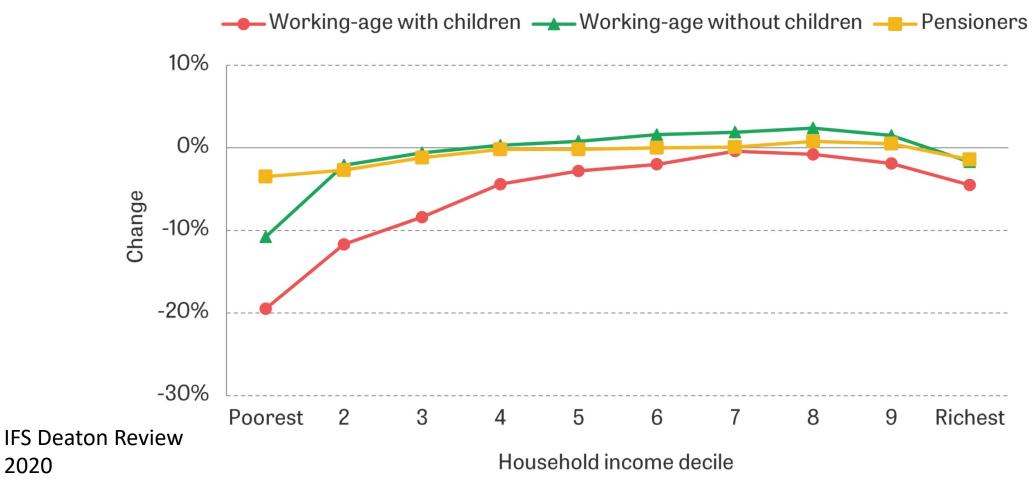


)

## The UK 2020: the poor poorer

2020

Figure 2. Change in net household incomes due to tax and benefit reforms, by income, 2010-19



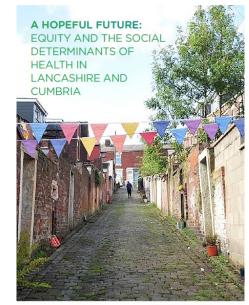
#### COVENTRY – A MARMOT CITY

An evaluation of a city-wide approach to reducing health inequalities



ALL TOGETHER FAIRER: HEALTH EQUITY AND THE SOCIAL DETERMINANTS OF HEALTH IN CHESHIRE AND MERSEYSIDE







REDUCING HEALTH INEQUALITIES IN LUTON: A MARMOT TOWN





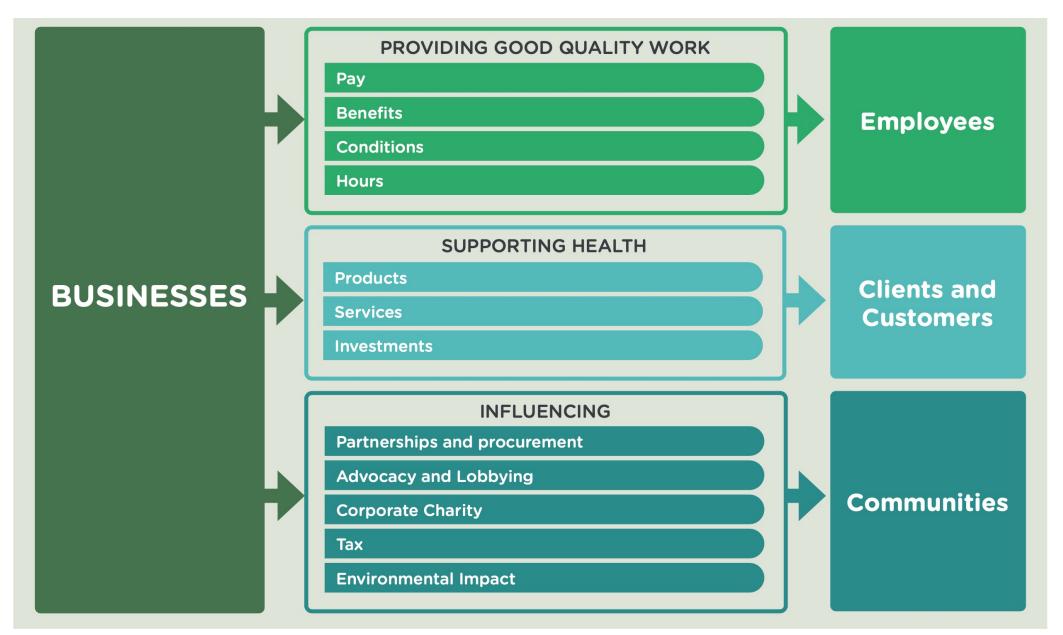




THE BUSINESS OF HEALTH EQUITY: THE MARMOT REVIEW FOR INDUSTRY



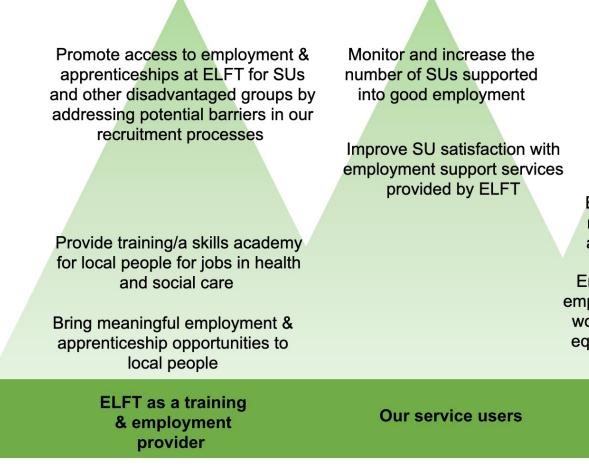
#### How businesses shape health: the IHE Framework





### **East London Foundation Trust**

ELFT's Marmot Mountain: Potential actions in line with our vision



Partner with VCS organisations to conduct community outreach for employment support to vulnerable groups

Engage with young people to raise aspiration and promote access to healthcare careers

Engage with public & private sector employers to advocate for good quality work, mentally healthy workplaces & equitable access to volunteering and employment opportunities

The wider Luton community

Establishing good working relationships with community partners & employers

**Fargeted** 

### **Government or Services**





# WMA Health Equity Report



## DOCTORS FOR HEALTH EQUITY

The role of the World Medical Association, national medical associations and doctors in addressing the social determinants of health and health equity



#### 1. Workforce Education and Training

- 2. Working with Individuals and Communities
  - 3. Health Sector as Employers
    - 4. Working in Partnership
    - 5. Workforce as Advocates



## **MARMOT PRINCIPLES**

- Give every child the best start in life
- Enable all children, young people and adults to maximise their capabilities and have control over their lives
- Create fair employment and good work for all
- Ensure healthy standard of living for all

- Create and develop healthy and sustainable places and communities
- Strengthen the role and impact of ill health prevention
- Tackle discrimination, racism and their outcomes
- Pursue environmental sustainability and health equity together

HEALTH AS A MEASURE OF SOCIETAL SUCCESS Pre-Pandemic. LE stalling, inequalities increasing, LE for poorest people falling

Slow down in LE nearly slowest of rich countries.

Pandemic. Highest excess mortality

### Link?

- Poor governance and political culture
- Social and economic inequalities increasing
- Reduction in spending on public services we are illprepared
- England was unhealthy coming in to the pandemic

## Recommendations

#### HEALTH AS A MEASURE OF SOCIETAL SUCCESS

- Poor governance and political culture
- Social and economic inequalities increasing
- Reduction in spending on public services we are illprepared
- England was unhealthy coming in to the pandemic

# PUT FAIR DISTRIBUTION OF HEALTH AND WELL BEING AT THE HEART OF GOVERNMENT POLICY